Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cools Sandra HEADCOACH

Coaches: De Noble Naomi

Coaches: Van Heghe Margot

Coaches: De Wilde Maaike

Coaches: Mathys Jana

Coaches: Huberty Maren

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:1, starttime: 14:00

Heat: 1/3 Lane : 2 Athlete: POQUETTE JULIETTE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:1, starttime: 14:00

Heat: 1/3 Lane : 6 Athlete: MEERSSCHAUT LOTTE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:2, starttime: 14:05

Heat: 2/3 Lane : 1 Athlete: BAELE ELIAS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:2, starttime: 14:05

Heat: 2/3 Lane : 4 Athlete: DE FOORT HENRI — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 14:10

Heat: 3/3 Lane : 2 Athlete: VAN CAENEGEM LARS — **Q-time: 03:32:57**

PB (25m pool): 03:32.57 Zottegem 01/03/2026 **PB (50m pool):** 03:34.90 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:45.39		no time		no time		03:32.57
	00:45.39							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 14:10

Heat: 3/3 Lane : 3 Athlete: VAN HOECKE OONA — **Q-time: 03:25:53**

PB (25m pool): 03:32.39 Zottegem 01/03/2026 **PB (50m pool):** 03:25.53 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:48.53		no time		no time		03:32.39
	00:48.53							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:1, starttime: 14:10

Heat: 1/13 Lane : 4 Athlete: AKMAN REZZAN — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 50M BACKSTROKE WOMEN 11+ **Heat:2, starttime: 14:15**

Heat: 2/13 Lane : 4 Athlete: WALGRAEVE AXELLE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ **Heat:3, starttime: 14:15**

Heat: 3/13 Lane : 2 Athlete: DEPESTELE GITTE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ **Heat:3, starttime: 14:15**

Heat: 3/13 Lane : 4 Athlete: BAEYENS EMKE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ **Heat:3, starttime: 14:15**

Heat: 3/13 Lane : 5 Athlete: BOON MARGOT **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:5, starttime: 14:15

Heat: 5/13 Lane : 6 Athlete: COPPENS ELOISE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/13 Lane : 3 Athlete: VERBUSTEL LORE — **Q-time: 00:44:92**

PB (25m pool): 00:44.92 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 00:44.92 Waregem 26/09/2026

	25 M	50 M	
PB		00:44.92	
		00:44.92	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:8, starttime: 14:20

Heat: 8/13 Lane : 1 Athlete: VAN DEN BRULLE MANE — **Q-time: 00:42:86**

PB (25m pool): 00:42.86 WAREGEM 27/09/2025 **PB (50m pool):** 00:45.24 **SB:** no time

	25 M	50 M	
PB		00:42.86	
		00:42.86	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:9, starttime: 14:20

Heat: 9/13 Lane : 2 Athlete: VAN LOO CHARLOTTE — **Q-time: 00:41:69**

PB (25m pool): 00:40.50 Temse 18/02/2024 **PB (50m pool):** 00:40.60 **SB:** 00:43.75 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:40.50	
		00:40.50	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:9, starttime: 14:20

Heat: 9/13 Lane : 3 Athlete: BEKAERT SOPHIA — **Q-time: 00:40:60**

PB (25m pool): 00:41.82 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:40.60 **SB:** 00:41.82 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:41.82	
	00:41.82		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:9, starttime: 14:20

Heat: 9/13 Lane : 5 Athlete: DE BOCK AUDE — **Q-time: 00:41:80**

PB (25m pool): 00:41.80 WAREGEM 27/09/2025 **PB (50m pool):** 00:45.79 **SB:** 00:44.42 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:41.80	
	00:41.80		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:10, starttime: 14:20

Heat: 10/13 Lane : 4 Athlete: VAN LOO HANNAH — **Q-time: 00:38:67**

PB (25m pool): 00:40.21 WAREGEM 27/09/2025 **PB (50m pool):** 00:38.67 **SB:** no time

	25 M	50 M	
PB		00:40.21	
	00:40.21		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:11, starttime: 14:25

Heat: 11/13 Lane : 2 Athlete: UVYN AURéLIE — **Q-time: 00:38:24**

PB (25m pool): 00:38.24 Waregem 26/09/2026 **PB (50m pool):** 00:45.63 **SB:** 00:38.24 Waregem 26/09/2026

	25 M	50 M	
PB		00:38.24	
	00:38.24		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:11, starttime: 14:25

Heat: 11/13 Lane : 3 Athlete: VAN GHELUE RINSKE — **Q-time: 00:37:83**

PB (25m pool): 00:38.54 WAREGEM 27/09/2025 **PB (50m pool):** 00:37.83 **SB:** no time

	25 M	50 M	
PB		00:38.54	
	00:38.54		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:11, starttime: 14:25

Heat: 11/13 Lane : 5 Athlete: VELGHE LAUREN — **Q-time: 00:38:35**

PB (25m pool): 00:38.35 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:38.35 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:38.35	
	00:38.35		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:12, starttime: 14:25

Heat: 12/13 Lane : 2 Athlete: VERBERT KAAT — **Q-time: 00:36:34**

PB (25m pool): 00:36.34 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:37.27 **SB:** 00:36.34 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:36.34	
	00:36.34		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:12, starttime: 14:25

Heat: 12/13 Lane : 4 Athlete: VAN BRABANDT MILA — **Q-time: 00:36:14**

PB (25m pool): 00:36.14 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:37.25 **SB:** 00:36.14 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:36.14	
	00:36.14		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:12, starttime: 14:25

Heat: 12/13 Lane : 5 Athlete: STORME IEME — **Q-time: 00:36:47**

PB (25m pool): 00:36.47 EEKLO 04/10/2026 **PB (50m pool):** 00:37.25 **SB:** 00:36.47 EEKLO 04/10/2026

	25 M	50 M	
PB		00:36.47	
		00:36.47	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:13, starttime: 14:25

Heat: 13/13 Lane : 1 Athlete: DE SMAELE KENZA — **Q-time: 00:35:70**

PB (25m pool): 00:35.70 Waregem 26/09/2026 **PB (50m pool):** 00:36.81 **SB:** 00:35.70 Waregem 26/09/2026

	25 M	50 M	
PB		00:35.70	
		00:35.70	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:13, starttime: 14:25

Heat: 13/13 Lane : 2 Athlete: STORME JADE — **Q-time: 00:35:39**

PB (25m pool): 00:35.39 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 00:37.09 **SB:** 00:35.87 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:35.39	
		00:35.39	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:13, starttime: 14:25

Heat: 13/13 Lane : 4 Athlete: NEIRINCK ANNELIES — **Q-time: 00:35:05**

PB (25m pool): 00:35.12 Nijlen 19/11/2023 **PB (50m pool):** 00:35.05 **SB:** no time

	25 M	50 M	
PB		00:35.12	
		00:35.12	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:13, starttime: 14:25

Heat: 13/13 Lane : 6 Athlete: DE BACKER SOPHIE — **Q-time: 00:35:81**

PB (25m pool): 00:35.81 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:36.60 **SB:** 00:35.81 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:35.81	
		00:35.81	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:1, starttime: 14:25

Heat: 1/11 Lane : 3 Athlete: VAN LOO MATHIAS — **Q-time: 99:99:99**

PB (25m pool): 00:44.77 Temse 18/02/2024 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		00:44.77	
		00:44.77	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:2, starttime: 14:30

Heat: 2/11 Lane : 1 Athlete: MATAIGNE MICHEL — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:2, starttime: 14:30

Heat: 2/11 Lane : 3 Athlete: HELSKENS LEX — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:2, starttime: 14:30**

Heat: 2/11 Lane : 4 Athlete: DE CRAENE NATHEN			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:2, starttime: 14:30**

Heat: 2/11 Lane : 5 Athlete: MILLET NOAH			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:2, starttime: 14:30**

Heat: 2/11 Lane : 6 Athlete: VERMEIR CAS			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:3, starttime: 14:30**

Heat: 3/11 Lane : 2 Athlete: STEVENS JAAN			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:3, starttime: 14:30**

Heat: 3/11 Lane : 3 Athlete: DE KEIJSER STAF			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:3, starttime: 14:30**

Heat: 3/11 Lane : 4 Athlete: DE KEIJSER RAF			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:3, starttime: 14:30**

Heat: 3/11 Lane : 6 Athlete: DE VEERMAN ILAN			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:4, starttime: 14:30**

Heat: 4/11 Lane : 1 Athlete: DOTTAVI PIETRO			**Q-time: 99:99:99**
PB (25m pool): no time		**PB (50m pool):** no time **SB:** no time	
	2 5 M	**5 0 M**	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:5, starttime: 14:30

Heat: 5/11 Lane : 2 Athlete: KILLEMAES NOLAN — **Q-time: 00:44:56**

PB (25m pool): 00:44.56 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 00:44.56 Waregem 26/09/2026

	25 M	50 M	
PB		00:44.56	
	00:44.56		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:5, starttime: 14:30

Heat: 5/11 Lane : 3 Athlete: ACKE MANU — **Q-time: 00:43:92**

PB (25m pool): no time **PB (50m pool):** 00:43.92 **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:5, starttime: 14:30

Heat: 5/11 Lane : 4 Athlete: BOGAERT OSCAR — **Q-time: 00:44:10**

PB (25m pool): 00:44.10 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 00:44.10 Waregem 26/09/2026

	25 M	50 M	
PB		00:44.10	
	00:44.10		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:7, starttime: 14:35

Heat: 7/11 Lane : 6 Athlete: DE CRAENE THIBE — **Q-time: 00:40:52**

PB (25m pool): 00:40.52 Dendermonde. 22/11/2025 **PB (50m pool):** 00:40.56 **SB:** no time

	25 M	50 M	
PB		00:40.52	
	00:40.52		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:8, starttime: 14:35**

Heat: 8/11 Lane : 2 Athlete: STEVENS GERBEN **Q-time: 00:37:30**

PB (25m pool): 00:37.30 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 00:37.30 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:37.30	
		00:37.30	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:8, starttime: 14:35**

Heat: 8/11 Lane : 3 Athlete: MILLET LUCAS **Q-time: 00:37:16**

PB (25m pool): 00:37.16 EEKLO 04/10/2026 **PB (50m pool):** 00:39.93 **SB:** 00:37.16 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:37.16	
		00:37.16	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:9, starttime: 14:35**

Heat: 9/11 Lane : 6 Athlete: TIMMERMANS THEO **Q-time: 00:36:98**

PB (25m pool): 00:36.98 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 00:36.98 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:36.98	
		00:36.98	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:10, starttime: 14:35**

Heat: 10/11 Lane : 4 Athlete: VANNIEUWENHUYSE LOïC **Q-time: 00:33:14**

PB (25m pool): 00:33.14 EEKLO 04/10/2026 **PB (50m pool):** 00:34.62 **SB:** 00:33.14 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:33.14	
		00:33.14	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:11, starttime: 14:35

Heat: 11/11 Lane : 1 Athlete: TIMMERMANS JULES — **Q-time: 00:31:92**

PB (25m pool): 00:31.86 T ROSCO 20/10/2024 **PB (50m pool):** 00:32.45 **SB:** 00:31.94 EEKLO 04/10/2026

	25 M	50 M	
PB		00:31.86	
		00:31.86	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:11, starttime: 14:35

Heat: 11/11 Lane : 2 Athlete: VANCAYZEELE THIBAU — **Q-time: 00:31:51**

PB (25m pool): 00:31.51 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:33.99 **SB:** 00:31.51 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:31.51	
		00:31.51	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:11, starttime: 14:35

Heat: 11/11 Lane : 4 Athlete: NEYRYNCK TIBO — **Q-time: 00:31:06**

PB (25m pool): 00:31.06 Durmehal 27/09/2026 **PB (50m pool):** 00:32.76 **SB:** 00:31.06 Durmehal 27/09/2026

	25 M	50 M	
PB		00:31.06	
		00:31.06	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:11, starttime: 14:35

Heat: 11/11 Lane : 5 Athlete: DEGRANDE LARS — **Q-time: 00:31:78**

PB (25m pool): 00:31.78 Temse 21/12/2025 **PB (50m pool):** 00:33.66 **SB:** no time

	25 M	50 M	
PB		00:31.78	
		00:31.78	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:11, starttime: 14:35

Heat: 11/11 Lane : 6 Athlete: SLOS ROBBIE — **Q-time: 00:32:29**

PB (25m pool): 00:32.29 Dendermonde. 22/11/2025 **PB (50m pool):** 00:35.03 **SB:** no time

	25 M	50 M	
PB		00:32.29	
	00:32.29		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:1, starttime: 14:40

Heat: 1/14 Lane : 2 Athlete: COPPENS ELOISE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 14:40

Heat: 3/14 Lane : 1 Athlete: WALGRAEVE AXELLE — **Q-time: 01:23:90**

PB (25m pool): 01:23.90 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:23.90 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.73		01:23.90	
		00:38.73		*00:45.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:4, starttime: 14:45

Heat: 4/14 Lane : 4 Athlete: VAN LAETHEM ALEXIS — **Q-time: 01:20:52**

PB (25m pool): 01:20.52 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:22.46 **SB:** 01:20.52 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.56		01:20.52	
		00:38.56		*00:41.96*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:4, starttime: 14:45

Heat: 4/14 Lane : 5 Athlete: VAN DEN BRULLE MANE **Q-time: 01:20:92**

PB (25m pool): 01:20.92 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:22.33 **SB:** 01:20.92 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.53		01:20.92	
		00:37.53		*00:43.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:4, starttime: 14:45

Heat: 4/14 Lane : 6 Athlete: BAEYENS EMKE **Q-time: 01:21:89**

PB (25m pool): 01:29.77 TEMSE 23/11/2025 **PB (50m pool):** 01:21.89 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.41		01:29.77	
		00:44.41		*00:45.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:45

Heat: 5/14 Lane : 5 Athlete: AKMAN REZZAN **Q-time: 01:19:92**

PB (25m pool): 01:19.92 Eeklo 19/04/2026 **PB (50m pool):** 01:21.22 **SB:** 01:19.96 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.31		01:19.92	
		00:37.31		*00:42.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 14:45

Heat: 6/14 Lane : 4 Athlete: VAN LOO CHARLOTTE **Q-time: 01:16:48**

PB (25m pool): 01:10.48 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 01:14.55 **SB:** 01:19.80 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.58		01:10.48	
		00:33.58		*00:36.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:7, starttime: 14:50

Heat: 7/14 Lane : 5 Athlete: BOON MARGOT **Q-time: 01:15:46**

PB (25m pool): 01:15.46 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:23.31 **SB:** 01:15.46 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.75		01:15.46	
		00:36.75		*00:38.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:7, starttime: 14:50

Heat: 7/14 Lane : 6 Athlete: BRUNET MAXIME **Q-time: 01:16:01**

PB (25m pool): 01:16.01 EEKLO 04/10/2026 **PB (50m pool):** 01:21.83 **SB:** 01:16.01 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.76		01:16.01	
		00:36.76		*00:39.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:8, starttime: 14:50

Heat: 8/14 Lane : 6 Athlete: VAN CAENEGEM FIEN **Q-time: 01:14:77**

PB (25m pool): 01:14.77 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:16.11 **SB:** 01:14.77 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.58		01:14.77	
		00:35.58		*00:39.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:9, starttime: 14:50

Heat: 9/14 Lane : 4 Athlete: VELGHE LAUREN **Q-time: 01:11:66**

PB (25m pool): 01:11.66 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:12.25 **SB:** 01:11.66 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.38		01:11.66	
		00:34.38		*00:37.28*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:55

Heat: 10/14 Lane : 2 Athlete: VANCAYZEELE MARGAUX — **Q-time: 01:10:58**

PB (25m pool): 01:10.58 Eeklo 06/04/2026 **PB (50m pool):** 01:11.22 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.12		01:10.58	
		00:34.12		*00:36.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:55

Heat: 10/14 Lane : 4 Athlete: RUTTEN LEONIE — **Q-time: 01:10:54**

PB (25m pool): 01:10.54 Eeklo 19/04/2026 **PB (50m pool):** 01:12.35 **SB:** 01:10.69 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.83		01:10.54	
		00:33.83		*00:36.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:55

Heat: 10/14 Lane : 6 Athlete: DE BOCK AUDE — **Q-time: 01:11:40**

PB (25m pool): 01:11.40 Eeklo 19/04/2026 **PB (50m pool):** 01:12.90 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.22		01:11.40	
		00:34.22		*00:37.18*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:11, starttime: 14:55

Heat: 11/14 Lane : 6 Athlete: NGABO ANNABELLE — **Q-time: 01:10:45**

PB (25m pool): 01:10.45 Eeklo 19/04/2026 **PB (50m pool):** 01:13.30 **SB:** 01:12.78 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.81		01:10.45	
		00:33.81		*00:36.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:55

Heat: 12/14 Lane : 2 Athlete: VAN LOO HANNAH — **Q-time: 01:08:50**

PB (25m pool): 01:08.50 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:11.95 **SB:** 01:08.50 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.66		01:08.50	
		00:32.66		*00:35.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:55

Heat: 12/14 Lane : 3 Athlete: DE SMAELE KENZA — **Q-time: 01:07:82**

PB (25m pool): 01:07.82 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:08.92 **SB:** 01:09.27 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.06		01:07.82	
		00:32.06		*00:35.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:55

Heat: 12/14 Lane : 4 Athlete: DE BACKER SOPHIE — **Q-time: 01:08:28**

PB (25m pool): 01:08.28 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:09.68 **SB:** 01:08.28 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.07		01:08.28	
		00:33.07		*00:35.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:55

Heat: 12/14 Lane : 5 Athlete: VAN GHELUE RINSKE — **Q-time: 01:08:54**

PB (25m pool): 01:08.54 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:08.87 **SB:** 01:09.09 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.13		01:08.54	
		00:33.13		*00:35.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:13, starttime: 15:00

Heat: 13/14 Lane : 2 Athlete: STORME IEME **Q-time: 01:07:47**

PB (25m pool): 01:07.47 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:10.41 **SB:** 01:07.47 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.91		01:07.47	
		00:32.91		*00:34.56*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:13, starttime: 15:00

Heat: 13/14 Lane : 5 Athlete: STORME JADE **Q-time: 01:07:65**

PB (25m pool): 01:07.65 TEMSE 23/11/2025 **PB (50m pool):** 01:09.66 **SB:** 01:08.26 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.54		01:07.65	
		00:32.54		*00:35.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:13, starttime: 15:00

Heat: 13/14 Lane : 6 Athlete: VERBERT KAAT **Q-time: 01:07:76**

PB (25m pool): 01:07.76 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:09.64 **SB:** 01:07.76 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.74		01:07.76	
		00:32.74		*00:35.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:14, starttime: 15:00

Heat: 14/14 Lane : 2 Athlete: CANTRé EMILIE **Q-time: 01:06:24**

PB (25m pool): 01:06.24 Sportoase De Watermolen 21/07/2026 **PB (50m pool):** 01:08.74 **SB:** 01:08.00 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.45		01:06.24	
		00:31.45		*00:34.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:1, starttime: 15:00**

Heat: 1/12 Lane : 4 Athlete: KILLEMAES NOLAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:1, starttime: 15:00**

Heat: 1/12 Lane : 5 Athlete: DOTTAVI PIETRO **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:4, starttime: 15:05**

Heat: 4/12 Lane : 4 Athlete: COSYN MATS **Q-time: 01:18:02**

PB (25m pool): 01:18.02 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:19.63 **SB:** 01:18.02 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.82		01:18.02	
	00:36.82		*00:41.20*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:5, starttime: 15:10**

Heat: 5/12 Lane : 1 Athlete: VEYS ARTHUR **Q-time: 01:16:83**

PB (25m pool): 01:17.04 EEKLO 04/10/2026 **PB (50m pool):** 01:16.83 **SB:** 01:17.04 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.75		01:17.04	
	00:35.75		*00:41.29*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:5, starttime: 15:10**

Heat: 5/12 Lane : 5 Athlete: MILLET NOAH **Q-time: 01:16:79**

PB (25m pool): 01:16.79 Temse 31/05/2026 **PB (50m pool):** 01:20.89 **SB:** 01:17.06 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.97		01:16.79	
		00:36.97		*00:39.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:5, starttime: 15:10**

Heat: 5/12 Lane : 6 Athlete: BOGAERT OSCAR **Q-time: 01:17:29**

PB (25m pool): 01:17.29 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:27.97 **SB:** 01:17.29 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.56		01:17.29	
		00:36.56		*00:40.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:6, starttime: 15:10**

Heat: 6/12 Lane : 1 Athlete: ACKE MANU **Q-time: 01:15:56**

PB (25m pool): 01:11.87 Diksmuide 01/11/2026 **PB (50m pool):** 01:16.05 **SB:** 01:11.87 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:33.97		01:11.87	
		00:33.97		*00:37.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:6, starttime: 15:10**

Heat: 6/12 Lane : 2 Athlete: COESSENS KOBE **Q-time: 01:14:58**

PB (25m pool): 01:14.58 EEKLO 04/10/2026 **PB (50m pool):** 01:17.01 **SB:** 01:14.58 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.78		01:14.58	
		00:35.78		*00:38.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:6, starttime: 15:10

Heat: 6/12 Lane : 6 Athlete: TRIEST JULES — **Q-time: 01:15:68**

PB (25m pool): 01:18.14 EEKLO 04/10/2026 **PB (50m pool):** 01:15.68 **SB:** 01:18.14 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.08		01:18.14	
		00:37.08		*00:41.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:7, starttime: 15:10

Heat: 7/12 Lane : 2 Athlete: DE VEERMAN ILAN — **Q-time: 01:09:94**

PB (25m pool): 01:09.94 EEKLO 04/10/2026 **PB (50m pool):** 01:19.88 **SB:** 01:09.94 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.71		01:09.94	
		00:34.71		*00:35.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:7, starttime: 15:10

Heat: 7/12 Lane : 4 Athlete: MILLET LUCAS — **Q-time: 01:09:49**

PB (25m pool): 01:09.49 EEKLO 04/10/2026 **PB (50m pool):** 01:11.37 **SB:** 01:09.49 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.48		01:09.49	
		00:33.48		*00:36.01*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:8, starttime: 15:15

Heat: 8/12 Lane : 1 Athlete: MINNOYE TIEBE — **Q-time: 01:08:50**

PB (25m pool): 01:09.08 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:08.50 **SB:** 01:09.16 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.89		01:09.08	
		00:32.89		*00:36.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:9, starttime: 15:15**

Heat: 9/12 Lane : 4 Athlete: STEVENS GERBEN **Q-time: 01:05:34**

PB (25m pool): 01:05.34 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:08.28 **SB:** 01:05.34 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.42		01:05.34	
		00:31.42		*00:33.92*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:9, starttime: 15:15**

Heat: 9/12 Lane : 6 Athlete: TIMMERMANS THEO **Q-time: 01:06:93**

PB (25m pool): 01:06.93 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:07.62 **SB:** 01:06.93 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.10		01:06.93	
		00:32.10		*00:34.83*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:10, starttime: 15:15**

Heat: 10/12 Lane : 1 Athlete: VAN LOO MATHIAS **Q-time: 01:04:72**

PB (25m pool): 01:04.72 Durmehal 27/09/2026 **PB (50m pool):** 01:07.18 **SB:** 01:04.72 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:30.63		01:04.72	
		00:30.63		*00:34.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ **Heat:11, starttime: 15:20**

Heat: 11/12 Lane : 4 Athlete: VANNIEUWENHUYSE LOïC **Q-time: 01:00:74**

PB (25m pool): 01:00.74 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:02.78 **SB:** 01:00.74 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:29.23		01:00.74	
		00:29.23		*00:31.51*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:12, starttime: 15:20

Heat: 12/12 Lane : 3 Athlete: STEVENS JAAN — **Q-time: 00:57:59**

PB (25m pool): 00:57.59 Temse 31/05/2026 **PB (50m pool):** 00:59.26 **SB:** 00:57.96 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:28.19		00:57.59	
		00:28.19		*00:29.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:2, starttime: 15:25

Heat: 2/3 Lane : 6 Athlete: TEAM FIRST 11 — **Q-time: 02:22:41**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:3, starttime: 15:25

Heat: 3/3 Lane : 3 Athlete: TEAM FIRST 15 — **Q-time: 02:01:13**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:3, starttime: 15:25

Heat: 3/3 Lane : 4 Athlete: TEAM FIRST 1 — **Q-time: 02:06:80**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:3, starttime: 15:25

Heat: 3/3 Lane : 5 Athlete: TEAM FIRST 14 — **Q-time: 02:07:32**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:3, starttime: 15:25

Heat: 3/3 Lane : 6 Athlete: TEAM FIRST 12 — **Q-time: 02:10:85**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 400M FREESTYLE MEN 11-12 — Heat:2, starttime: 15:40

Heat: 2/4 Lane : 3 Athlete: VERMEIR CAS — **Q-time: 06:43:50**

PB (25m pool): **06:43.50 Sint-Amandsberg 19/10/2025** **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:44.07		01:34.81		02:27.24		03:19.12
		00:44.07		*00:50.74*		*00:52.43*		*00:51.88*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB		04:11.41		05:03.94		05:55.29		06:43.50
		00:52.29		*00:52.53*		*00:51.35*		*00:48.21*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 400M FREESTYLE MEN 11-12 — Heat:3, starttime: 15:50

Heat: 3/4 Lane : 2 Athlete: DE KEIJSER RAF — **Q-time: 06:30:68**

PB (25m pool): no time **PB (50m pool):** 06:30.68 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 400M FREESTYLE MEN 11-12 — Heat:3, starttime: 15:50

Heat: 3/4 Lane : 5 Athlete: DE KEIJSER STAF — **Q-time: 06:31:32**

PB (25m pool): no time **PB (50m pool):** 06:31.32 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 400M FREESTYLE MEN 11-12 — Heat:4, starttime: 15:55

Heat: 4/4 Lane : 6 Athlete: HELSKENS LEX — **Q-time: 06:20:97**

PB (25m pool): 06:20.97 Sint-Niklaas 11/01/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:28.72		no time		03:05.65
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:20.97
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 400M FREESTYLE WOMEN 11-12 — Heat:2, starttime: 16:10

Heat: 2/2 Lane : 5 Athlete: VERBUSTEL LORE — **Q-time: 07:01:38**

PB (25m pool): no time **PB (50m pool):** 07:01.38 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:2, starttime: 16:25

Heat: 2/13 Lane : 1 Athlete: KILLEMAES NOLAN — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:2, starttime: 16:25

Heat: 2/13 Lane : 6 Athlete: VEYS ARTHUR — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M MEDLEY MEN 11+ — Heat:3, starttime: 16:30

Heat: 3/13 Lane : 4 Athlete: DE CRAENE NATHEN — **Q-time: 03:52:99**

PB (25m pool): no time **PB (50m pool):** 03:52.99 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:4, starttime: 16:30

Heat: 4/13 Lane : 3 Athlete: TRIEST JULES — **Q-time: 03:25:34**

PB (25m pool): 03:25.34 Sinbad 05/10/2025 **PB (50m pool):** 03:26.68 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:46.16		no time		no time		03:25.34
	00:46.16							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:4, starttime: 16:30

Heat: 4/13 Lane : 5 Athlete: COSYN MATS — **Q-time: 03:32:66**

PB (25m pool): 03:37.82 TEMSE 23/11/2025 **PB (50m pool):** 03:32.66 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:53.09		01:48.20		02:49.42		03:37.82
	00:53.09		*00:55.11*		*01:01.22*		*00:48.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:5, starttime: 16:35

Heat: 5/13 Lane : 3 Athlete: MATAIGNE MICHEL — **Q-time: 03:12:15**

PB (25m pool): no time **PB (50m pool):** 03:12.15 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M MEDLEY MEN 11+ — Heat:5, starttime: 16:35

Heat: 5/13 Lane : 5 Athlete: MILLET NOAH — **Q-time: 03:21:24**

PB (25m pool): 03:21.24 EEKLO 04/10/2026 — **PB (50m pool):** 03:39.62 **SB:** 03:21.24 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:47.94		no time		no time		03:21.24
		00:47.94						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:6, starttime: 16:40

Heat: 6/13 Lane : 2 Athlete: TIMMERMANS THEO — **Q-time: 03:06:16**

PB (25m pool): 03:06.59 Sinbad 05/10/2025 — **PB (50m pool):** 03:06.16 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.10		no time		no time		03:06.59
		00:42.10						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:6, starttime: 16:40

Heat: 6/13 Lane : 3 Athlete: ACKE MANU — **Q-time: 03:05:46**

PB (25m pool): 02:59.33 Diksmuide 01/11/2026 — **PB (50m pool):** 03:10.87 **SB:** 02:59.33 Diksmuide 01/11/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:40.49		01:28.60		02:19.79		02:59.33
		00:40.49		*00:48.11*		*00:51.19*		*00:39.54*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:6, starttime: 16:40

Heat: 6/13 Lane : 5 Athlete: COESSENS KOBE — **Q-time: 03:07:49**

PB (25m pool): 03:07.49 Temse 31/05/2026 — **PB (50m pool):** 03:08.12 **SB:** 03:07.74 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:43.67		01:30.46		02:26.91		03:07.49
		00:43.67		*00:46.79*		*00:56.45*		*00:40.58*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M MEDLEY MEN 11+ — Heat:7, starttime: 16:45

Heat: 7/13 Lane : 2 Athlete: DE CRAENE THIBE — **Q-time: 02:55:21**

PB (25m pool): 02:55.21 EEKLO 04/10/2026 — **PB (50m pool):** 03:07.75 **SB:** 02:55.21 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:37.38		no time		no time		02:55.21
		00:37.38						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:7, starttime: 16:45

Heat: 7/13 Lane : 3 Athlete: MILLET LUCAS — **Q-time: 02:52:83**

PB (25m pool): 02:52.83 EEKLO 04/10/2026 — **PB (50m pool):** 03:12.98 **SB:** 02:52.83 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:40.25		no time		no time		02:52.83
		00:40.25						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:7, starttime: 16:45

Heat: 7/13 Lane : 4 Athlete: MINNOYE TIEBE — **Q-time: 02:54:34**

PB (25m pool): 02:54.34 Gent 23/02/2025 — **PB (50m pool):** 02:57.42 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.71		01:23.11		02:15.67		02:54.34
		00:38.71		*00:44.40*		*00:52.56*		*00:38.67*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:7, starttime: 16:45

Heat: 7/13 Lane : 6 Athlete: DE VEERMAN ILAN — **Q-time: 02:58:10**

PB (25m pool): 02:57.56 Diksmuide 01/11/2026 — **PB (50m pool):** 03:15.46 **SB:** 02:57.56 Diksmuide 01/11/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:37.22		01:21.32		02:19.37		02:57.56
		00:37.22		*00:44.10*		*00:58.05*		*00:38.19*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M MEDLEY MEN 11+ — **Heat:9, starttime: 16:50**

Heat: 9/13 Lane : 2 Athlete: VAN LOO MATHIAS — **Q-time: 02:47:34**

PB (25m pool): 02:47.34 EEKLO 04/10/2026 **PB (50m pool):** 02:56.43 **SB:** 02:47.34 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:37.59		no time		no time		02:47.34
		00:37.59						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — **Heat:9, starttime: 16:50**

Heat: 9/13 Lane : 3 Athlete: DE CHAMPS LOïC — **Q-time: 02:44:97**

PB (25m pool): 02:45.52 Eeklo 06/04/2026 **PB (50m pool):** 02:44.97 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:34.89		no time		no time		02:45.52
		00:34.89						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — **Heat:9, starttime: 16:50**

Heat: 9/13 Lane : 5 Athlete: STEVENS GERBEN — **Q-time: 02:48:00**

PB (25m pool): 02:48.00 EEKLO 04/10/2026 **PB (50m pool):** 03:05.78 **SB:** 02:48.00 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:35.81		no time		no time		02:48.00
		00:35.81						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — **Heat:10, starttime: 16:55**

Heat: 10/13 Lane : 4 Athlete: CASTEUR NICOLAS — **Q-time: 02:42:59**

PB (25m pool): 02:42.59 Eeklo 06/04/2026 **PB (50m pool):** 02:49.59 **SB:** 02:45.12 Diksmuide 01/11/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:37.68		no time		no time		02:42.59
		00:37.68						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M MEDLEY MEN 11+ — Heat:12, starttime: 17:00

Heat: 12/13 Lane : 1 Athlete: TIMMERMANS JULES — **Q-time: 02:35:36**

PB (25m pool): 02:35.36 EEKLO 04/10/2026 — **PB (50m pool):** 02:42.32 **SB:** 02:35.36 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.34		no time		no time		02:35.36
		00:35.34						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:12, starttime: 17:00

Heat: 12/13 Lane : 3 Athlete: VANNIEUWENHUYSE LOïC — **Q-time: 02:31:01**

PB (25m pool): 02:31.01 EEKLO 04/10/2026 — **PB (50m pool):** 02:38.01 **SB:** 02:31.01 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.10		no time		no time		02:31.01
		00:32.10						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:12, starttime: 17:00

Heat: 12/13 Lane : 5 Athlete: NEYRYNCK TIBO — **Q-time: 02:32:90**

PB (25m pool): 02:32.90 Sinbad 05/10/2025 — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.62		no time		no time		02:32.90
		00:30.62						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:13, starttime: 17:00

Heat: 13/13 Lane : 3 Athlete: SLOS ROBBIE — **Q-time: 02:24:29**

PB (25m pool): 02:23.71 T ROSCO 20/10/2024 — **PB (50m pool):** 02:30.45 **SB:** 02:24.29 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.39		01:08.91		01:50.18		02:23.71
		00:31.39		*00:37.52*		*00:41.27*		*00:33.53*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M MEDLEY MEN 11+ — Heat:13, starttime: 17:00

Heat: 13/13 Lane : 4 Athlete: DEGRANDE LARS — **Q-time: 02:29:34**

PB (25m pool): 02:29.34 EEKLO 04/10/2026 — **PB (50m pool):** 02:34.53 **SB:** 02:29.34 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.73		no time		no time		02:29.34
		00:31.73						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:3, starttime: 17:15

Heat: 3/17 Lane : 5 Athlete: COPPENS ELOISE — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:4, starttime: 17:20

Heat: 4/17 Lane : 2 Athlete: WALGRAEVE AXELLE — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:5, starttime: 17:25

Heat: 5/17 Lane : 4 Athlete: BOON MARGOT — **Q-time: 03:29:23**

PB (25m pool): 03:29.23 EEKLO 04/10/2026 — **PB (50m pool):** 03:31.16 **SB:** 03:29.23 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:45.78		no time		no time		03:29.23
		00:45.78						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:6, starttime: 17:25

Heat: 6/17 Lane : 6 Athlete: AKMAN REZZAN — **Q-time: 03:28:48**

PB (25m pool): no time **PB (50m pool):** 03:28.48 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 17:30

Heat: 7/17 Lane : 1 Athlete: DEPESTELE GITTE — **Q-time: 03:19:36**

PB (25m pool): 03:19.36 EEKLO 04/10/2026 **PB (50m pool):** 03:26.65 **SB:** 03:19.36 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.35		no time		no time		03:19.36
	00:43.35							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 17:30

Heat: 7/17 Lane : 3 Athlete: BAEYENS EMKE — **Q-time: 03:17:72**

PB (25m pool): 03:46.02 TEMSE 23/11/2025 **PB (50m pool):** 03:17.72 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:52.78		01:52.63		02:57.24		03:46.02
	00:52.78		*00:59.85*		*01:04.61*		*00:48.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 17:30

Heat: 7/17 Lane : 4 Athlete: VAN LAETHEM ALEXIS — **Q-time: 03:17:84**

PB (25m pool): no time **PB (50m pool):** 03:17.84 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 17:30

Heat: 7/17 Lane : 6 Athlete: BEKAERT SOPHIA — **Q-time: 03:20:37**

PB (25m pool): 03:23.05 Gent 23/02/2025 **PB (50m pool):** 03:20.37 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:45.68		01:40.71		02:38.11		03:23.05
		00:45.68		*00:55.03*		*00:57.40*		*00:44.94*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:8, starttime: 17:35

Heat: 8/17 Lane : 5 Athlete: VAN DEN BRULLE MANE — **Q-time: 03:16:72**

PB (25m pool): 03:19.78 Sinbad 05/10/2025 **PB (50m pool):** 03:16.72 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.84		no time		no time		03:19.78
		00:43.84						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:10, starttime: 17:40

Heat: 10/17 Lane : 3 Athlete: RUTTEN LEONIE — **Q-time: 03:08:14**

PB (25m pool): 03:10.03 Sinbad 16/03/2025 **PB (50m pool):** 03:08.14 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:45.61		no time		no time		03:10.03
		00:45.61						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:11, starttime: 17:45

Heat: 11/17 Lane : 2 Athlete: VAN LOO CHARLOTTE — **Q-time: 03:05:83**

PB (25m pool): 03:05.83 Gent 23/02/2025 **PB (50m pool):** 03:15.97 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:40.27		01:29.07		02:24.17		03:05.83
		00:40.27		*00:48.80*		*00:55.10*		*00:41.66*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:11, starttime: 17:45

Heat: 11/17 Lane : 3 Athlete: DE BOCK AUDE — **Q-time: 03:03:18**

PB (25m pool): 03:03.18 Gent 23/02/2025 — **PB (50m pool):** 03:05.47 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.89		01:31.43		02:21.81		03:03.18
		00:43.89		*00:47.54*		*00:50.38*		*00:41.37*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:11, starttime: 17:45

Heat: 11/17 Lane : 6 Athlete: VAN CAENEGEM FIEN — **Q-time: 03:06:62**

PB (25m pool): no time — **PB (50m pool):** 03:06.62 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 17:50

Heat: 12/17 Lane : 2 Athlete: UVYN AURéLIE — **Q-time: 03:00:06**

PB (25m pool): 02:53.39 Diksmuide 01/11/2026 — **PB (50m pool):** 03:00.06 **SB:** 02:53.39 Diksmuide 01/11/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:39.05		01:22.72		02:15.11		02:53.39
		00:39.05		*00:43.67*		*00:52.39*		*00:38.28*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 17:50

Heat: 12/17 Lane : 6 Athlete: BRUNET MAXIME — **Q-time: 03:02:07**

PB (25m pool): 03:02.07 EEKLO 04/10/2026 — **PB (50m pool):** 03:09.23 **SB:** 03:02.07 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:39.40		no time		no time		03:02.07
		00:39.40						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:13, starttime: 17:50**

Heat: 13/17 Lane : 2 Athlete: VELGHE LAUREN **Q-time: 02:57:73**

PB (25m pool): 03:11.81 DENDERMONDE. 23/11/2024 **PB (50m pool):** 02:57.73 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.74		no time		no time		03:11.81
		00:42.74						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:13, starttime: 17:50**

Heat: 13/17 Lane : 5 Athlete: VAN LOO HANNAH **Q-time: 02:57:85**

PB (25m pool): 02:57.85 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 03:08.10 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.95		no time		no time		02:57.85
		00:38.95						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:14, starttime: 17:55**

Heat: 14/17 Lane : 1 Athlete: SUY NORA **Q-time: 02:55:91**

PB (25m pool): 02:55.91 Temse 31/05/2026 **PB (50m pool):** 02:59.18 **SB:** 02:57.84 Diksmuide 01/11/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:38.72		01:23.26		02:14.53		02:55.91
		00:38.72		*00:44.54*		*00:51.27*		*00:41.38*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:14, starttime: 17:55**

Heat: 14/17 Lane : 4 Athlete: VANCAYZEELE MARGAUX **Q-time: 02:54:50**

PB (25m pool): 02:54.50 Eeklo 06/04/2026 **PB (50m pool):** 02:59.23 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:39.98		no time		no time		02:54.50
		00:39.98						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:15, starttime: 18:00

Heat: 15/17 Lane : 2 Athlete: CANTRé EMILIE — **Q-time: 02:53:27**

PB (25m pool): 02:53.27 EEKLO 04/10/2026 **PB (50m pool):** 02:58.26 **SB:** 02:53.27 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.81		no time		no time		02:53.27
		00:36.81						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:15, starttime: 18:00

Heat: 15/17 Lane : 3 Athlete: STORME IEME — **Q-time: 02:51:70**

PB (25m pool): 02:51.70 Sportoase De Watermolen 21/07/2026 **PB (50m pool):** 02:52.08 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.52		01:19.01		02:13.74		02:51.70
		00:37.52		*00:41.49*		*00:54.73*		*00:37.96*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:15, starttime: 18:00

Heat: 15/17 Lane : 4 Athlete: DEGRANDE AN — **Q-time: 02:51:71**

PB (25m pool): 02:51.71 T ROSCO 12/10/2025 **PB (50m pool):** 02:55.45 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.52		01:19.45		02:12.16		02:51.71
		00:37.52		*00:41.93*		*00:52.71*		*00:39.55*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:16, starttime: 18:00

Heat: 16/17 Lane : 1 Athlete: STORME JADE — **Q-time: 02:51:09**

PB (25m pool): 02:51.09 EEKLO 04/10/2026 **PB (50m pool):** 02:59.23 **SB:** 02:51.09 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.25		no time		no time		02:51.09
		00:37.25						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:16, starttime: 18:00**

Heat: 16/17 Lane : 4 Athlete: DE BACKER SOPHIE **Q-time: 02:49:15**

PB (25m pool): 02:49.15 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 02:56.71 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:39.01		no time		no time		02:49.15
		00:39.01						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:16, starttime: 18:00**

Heat: 16/17 Lane : 5 Athlete: VERBERT KAAT **Q-time: 02:50:74**

PB (25m pool): 02:50.74 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 02:54.56 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.47		no time		no time		02:50.74
		00:38.47						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:17, starttime: 18:05**

Heat: 17/17 Lane : 2 Athlete: DE SMAELE KENZA **Q-time: 02:44:77**

PB (25m pool): 02:44.77 EEKLO 04/10/2026 **PB (50m pool):** 02:47.51 **SB:** 02:44.77 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:37.10		no time		no time		02:44.77
		00:37.10						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:17, starttime: 18:05**

Heat: 17/17 Lane : 3 Athlete: VAN BRABANDT MILA **Q-time: 02:43:63**

PB (25m pool): 02:43.63 EEKLO 04/10/2026 **PB (50m pool):** 02:50.06 **SB:** 02:43.63 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:34.01		no time		no time		02:43.63
		00:34.01						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:17, starttime: 18:05

Heat: 17/17 Lane : 4 Athlete: VAN GHELUE RINSKE — **Q-time: 02:44:27**

PB (25m pool): 02:44.27 Temse 31/05/2026 **PB (50m pool):** 02:45.47 **SB:** 02:48.42 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.95		01:19.16		02:05.41		02:44.27
		00:36.95		*00:42.21*		*00:46.25*		*00:38.86*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:17, starttime: 18:05

Heat: 17/17 Lane : 5 Athlete: NEIRINCK ANNELIES — **Q-time: 02:45:76**

PB (25m pool): 02:45.76 Sinbad 16/03/2025 **PB (50m pool):** 02:48.95 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.25		no time		no time		02:45.76
		00:35.25						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+ — Heat:1, starttime: 18:10

Heat: 1/2 Lane : 5 Athlete: TEAM FIRST 11 — **Q-time: 02:17:78**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+ — Heat:2, starttime: 18:10

Heat: 2/2 Lane : 2 Athlete: TEAM FIRST 14 — **Q-time: 01:52:29**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 11: 4x50M FREESTYLE MEN 11+ **Heat:2, starttime: 18:10**

Heat: 2/2 Lane : 3 Athlete: TEAM FIRST 1 **Q-time: 01:43:48**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+ **Heat:2, starttime: 18:10**

Heat: 2/2 Lane : 6 Athlete: TEAM FIRST 12 **Q-time: 01:58:03**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: